

**NAME OF COORDINATING ACTIVITY: May Survivor Challenge
(Summative Event)**

PURPOSE: To have the Wellness Wednesday coordinated promotion activities culminate at the end of the school year by highlighting several previous months' themes.

DESCRIPTION:

1. Each Wednesday during the month of May will focus on one of the former Wellness Wednesday promotions. Suggested promotions are: Walkin' Wednesday, Go, Slow, Whoa Wednesday, Wake Up Wednesday (Breakfast), and Color the Way to 5 Fruits and Veggies a Day Wednesday.
2. "Totem poles" will be created and displayed on each classroom door (e.g., like the ones seen on the television show Survivor). The poles divided into four sections with the symbol from one of the four Wellness Wednesday promotions that are to be repeated in each section.
3. At the end of each Wednesday, classroom teachers will place a large picture of the logo for that Wednesday (e.g., picture of a tennis shoe, apple, etc.) on the corresponding section of the totem signifying his/her class participated and has met the challenge. Teachers can photocopy and enlarge the badge from that day to post on the pole, or have students create smaller versions (e.g., draw on construction paper), put their names on it and post all of them in the appropriate section.
 - NOTE: The individual activities/challenges for each Wellness Wednesday can occur just on Wednesday or continue for the whole week allowing all students to complete the challenge and be successful.
4. Although these activities may appear to be rather involved, the responsibility for participation should fall primarily on the student. The effort is intended to keep the focus on healthy behaviors (being active and eating good foods) throughout the final month of school. Faculty and staff's responsibility is to encourage, support and reinforce student participation.

MATERIALS: Symbols and materials from the four Wellness Wednesdays to be repeated (e.g., tennis show badges, apple with a 5, announcement scripts, etc.).

RE²ACH CAMPUS COMMITTEE ORGANIZATION ACTIVITIES:

1. Most important promotion of the year requires steady and regular monitoring of participation and encouragement.
2. Determine order of Wellness Wednesdays to be repeated.
3. Assist with coordination of past promotions each Wednesday. Primarily, committee activities will be gathering and distributing previous Wellness Wednesday materials to faculty and staff.

SUPPORTING ACTIVITIES:

1. The activities that supported the Wellness Wednesday coordinated themes to be repeated will occur again in PE class, the classroom, the cafeteria, administration, and at home for each appropriate Wednesday.
2. Invitations to parents to come to school and participate in each Wednesday's promotion are recommended. Repeating Home Team correspondence from previous Wednesdays is not necessary.

VARIATIONS/EXTENSIONS/ADDITIONS:

- Suggest that no additional activities be attempted during this month due to promotions/activities occurring each week and the numerous other school events that typically occur (e.g., field days, school trips, etc.). Voluntary participation by each classroom teacher is supported and encouraged, but not expected.